To Whom It May Concern,

I am writing to recommend **Keone Ede** as a student-athlete and baseball player. I have had the opportunity to train Keone for the past three years, and during that time I have watched him develop tremendously, both physically and as a player.

What stands out most about Keone is his work ethic and coachability. He shows up ready to work, never complains, and I rarely have to tell him something twice. He understands coaching quickly, applies it immediately, and consistently puts in the work without needing to be pushed. Those qualities are difficult to teach, and Keone has had them since I began working with him.

Physically, Keone is exceptionally strong for his size. He is fast, explosive, and has made significant gains in his overall power. Over the past three years, and particularly this past summer, for instance, he has increased his exit velocity by approximately 10–15 mph. He throws well, moves well, and has the athletic ability to play in the middle infield. I believe he has the tools to compete at the varsity level now and continue developing into a college baseball player.

Just as importantly, Keone is a great teammate and an outstanding young man to work with. He is low-maintenance, high-character, and brings consistent effort every day. There is no drama and no sense of entitlement. He simply comes in, does what is asked of him, and works to get better.

Having spent my career training professional and Major League Baseball players, I have seen firsthand the habits and characteristics that allow athletes to continue developing as they move to higher levels of the game. Keone possesses many of those qualities. His combination of work ethic, coachability, strength, athleticism, and character gives him an excellent foundation to continue progressing as a player.

I would confidently recommend Keone to any college baseball program looking for a hard-working, coachable athlete who will compete, continue to improve, and represent their program the right way.

Please feel free to contact me if I can provide any additional information.

Sincerely,

Kevin Bay
Owner / Head Performance Coach
Hybrid Baseball Performance
Scottsdale, Arizona